

P.N.PANICKER SOUHRUDA AYURVEDA MEDICAL COLLEGE

Time Table- FINAL YEAR BAMS(2021 Batch)With Effect From 11-5-2026

Time	8 am-11 am	11am-12am	12 PM-1PM	2PM-3PM	3PM-4PM
Day					
Monday	NLH P Balroga	Kayachikitsa LH Dr. Adarsh	NLH P - Samhita Dr. Vineetha	Balroga LH Dr. Thushar	Salyam N LH Dr. Kavya
Tuesday	NLH P Salyam	Salakyam LH Dr. Rekhanath	Prasuti LH Dr. Anjana	Balroga N LH Dr. Thushar	Salakyam NLH Dr. Aiswarya S
Wednesday	NLH P Panchakarma	Prasuti NLH Dr. Anjana	Balroga LH Dr. Thushar	Research Dr. Athira	Panchakarma LH Dr. Revathi
Thursday	NLH P Salakyam	Salakyam LH Dr. Aiswarya S	Panchakarma LH Dr. Liji	Salyam LH Dr. Sindhu Das	Kayachikitsa N LH Dr. Aswathi
Friday	NLH P Kayachikitsa	Samhita LH/N LH Dr. Dhanya	Salakyam NLH Dr. Rekhanath	Prasuti LH Dr. Anjana	Panchakarma NLH Dr. Athira
Saturday	8.00-10.45 N LH P Prasuti	10.45- 11.30 Kayachikitsa LH Dr. Madhu	11.30 – 12.15 Shalyam LH Dr. Dhanya M	12.15 – 1.00 Kayachikitsa (Emergency) LH Dr. Aswathi	
			1pm-2pm Lunch-Interval		

SUBJECTS & TEACHERS

KAYACHIKITSA :4	Panchakarma :3	Salya Tantra :3	Salakyam : 4	Prasuti : 3	Samhita :2
Dr. Madhu :1	Dr. Liji : 1	Dr. Sindhu : 1	Dr. Aiswarya S : 2	Dr. Anjana: 3	Dr. Dhanya : 1
Dr. Aswathi : 2	Dr. Revathi : 1	Dr. Kavya : 1	Dr. Rekhanath : 2		Dr. Vineetha:1
Dr. Adarsh :1	Dr. Aathira : 1	Dr. Dhanya M:1			Research : Dr. Aathira : 1



(Handwritten Signature)

Principal

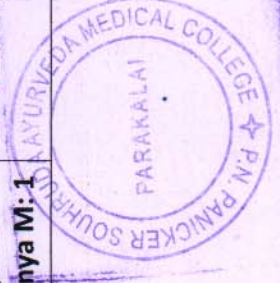
P. N. PANICKER SOUHRUDA AYURVEDA MEDICAL COLLEGE

Time Table- FINAL YEAR BAMS(2022 Batch)With Effect From 11-5-2026

Time Day	8 am-11 am	11am-12am	12 PM-1PM	2PM-3PM	3PM-4PM
Monday	NLH P Salyam	Prasuti LH Dr. Anjana	Panchakarma LH Dr. Liji	Research Dr. Athira	Salyam N LH Dr. Dhanya M
Tuesday	NLH P Prasuti	Salakyam LH Dr. Aiswarya S	Balroga N LH Dr. Thushar	Prasuti LH Dr. Anjana	Samhita LH/N LH Dr. Dhanya EK
Wednesday	NLH P Balroga	Salyam N LH Dr. Sindhu	NLH P - Samhita Dr. Vineetha	Salyam N LH Dr. Kavya	Salakyam NLH Dr. Rekhanath
Thursday	NLH P Kayachikitsa	Panchakarma LH Dr. Athira	Kayachikitsa N LH Dr. Aswathi PV	Salakyam NLH Dr. Aiswarya S	Kayachikitsa (Emergency) LH Dr. Adarsh
Friday	NLH P Panchakarma	Kayachikitsa LH Dr. Madhu	Kayachikitsa LH Dr. Adarsh	Panchakarma NLH Dr. Revathi	Balroga LH Dr. Thushar
Saturday	8.00-10.45 NLH P Salyam	10.45- 11.30 Balroga LH Dr. Thushar	11.30 - 12.15 Prasuti LH Dr. Anjana	12.15 - 1.00 Salyam LH Dr. Rekhanath	
Lunch-Interval 1pm-2pm					

SUBJECTS & TEACHERS

KAYACHIKITSA :4	Panchakarma :3	Salya Tantra :3	Salakyam : 4	Prasuti : 3	Balroga : 3	Samhita :2
Dr. Madhu : 1	Dr. Liji : 1	Dr. Sindhu : 1	Dr. Aiswarya S : 2	Dr. Anjana : 3	Dr. Thushar : 3	Dr. Dhanya : 1
Dr. Aswathi : 1	Dr. Revathi : 1	Dr. Kavya : 1	Dr. Rekhanath : 2			Dr. Vineetha : 1
Dr. Adarsh : 2	Dr. Athira : 1	Dr. Dhanya M: 1			Research : Dr. Athira	: 1



Principal

P.N.PANICKER SOUHRUDA AYURVEDA MEDICAL COLLEGE

Time Table- Second BAMS (2023 Batch) With Effect From 11-5-2026

Time	8am-10am	10am-11am	11am-12pm	12PM-1PM	2PM-3PM	3PM-4PM
Day						
Monday	RN - L Dr. Aiswarya	R&B-L Dr. Mithya	DG-L Dr. Sajina	RN-NL Dr. Aiswarya	RN-L Dr. Priya	DG-NL Dr. Sajina
Tuesday	RN - Practical Dr. Priya/ Dr. Aiswarya	R&B-NL Dr. Reshma	R&B-NL Dr. Reshma	SA-NL Dr. Dhanya E K	R&B-Practical-NL Dr. Reshma	
Wednesday	R&B-Practical-NL Dr. Mithya	SW Practical Dr. Naisha	SW Practical Dr. Naisha		SW-NL Dr. Akhila	AGT-L Dr. Hema
Thursday	DG-Practical-NL Dr. Anitha/ Dr. Sajina	AGT-L Dr. Praseetha	AGT-L Dr. Praseetha	DG-L Dr. Anitha	SA-NL Dr. Vineetha	SW-NL Dr. Naisha
Friday	AGT - L Dr. Hema	SW-L Dr. Naisha	AGT-Practical-NL Dr. Praseetha / Dr. Hema		R&B-L Dr. Reshma	RN - CL Dr. Aiswarya
Saturday	R&B-L Dr. Reshma	SW-L Dr. Akhila	DG- L Dr. Anitha	RN-L Dr. Priya		

Lunch-Interval
1pm-2pm

SUBJECTS & TEACHERS

AGT:Agada Tantra :5 Dr.Praseetha:1+1 Dr.Hema : 2+1	RN :Roganidan :7 1 Dr. Priya : 2+1 2 Dr. Aiswarya:3+1	DG : Dravyaguna :6 Dr. Anitha :2+1 Dr. Sajina :1+2	SW:Swasthavritta :6 Dr.Naisha : 2+2+2 Dr. Akhila : 1+1	Samhitha : 2 Dr. Dhanya E K : 1 Dr. Vineetha :1	R&B:Rasashastra 8 Dr. Mithya: 1+2 Dr. Reshma:2+3
---	--	---	---	--	---



(Handwritten Signature)

Principal

P.N.PANICKER SOUHRUDA AYURVEDA MEDICAL COLLEGE

Time Table- Second BAMS (2024 Batch) With Effect From 11-5-2026

Time Day	8am-10am	10am-11am	11am-12pm	12PM-1PM	2PM-3PM	3PM-4PM
Monday	AGT-Practical-NL Dr. Praseetha / Dr. Hema	SW-L Dr. Akhila	R&B-NL Dr. Mithya		AGT - L Dr. Hema	SW-NL Dr. Akhila
Tuesday	R&B-Practical-NL Dr. Mithya	SA-NL Dr. Vineetha	RN - L Dr. Aiswarya		DG-NL Dr. Sajina	R&B-L Dr. Mithya
Wednesday	DG-Practical-NL Dr. Anitha/ Dr. Sajina	RN - Practical Dr. Priya/ Dr. Aiswarya			DG- L Dr. Sajina	AGT-L Dr. Hema
Thursday	SW-NL Dr. Naisha	RN-L Dr. Priya	R&B-Practical-NL Dr. Reshma		SA-NL Dr. Dhanya E K	AGT-L Dr. Praseetha
Friday	DG- L Dr. Anitha	RN - L Dr. Aiswarya	R&B-L Dr. Reshma		SW-L Dr. Naisha	R&B-L Dr. Reshma
Saturday	DG- L Dr. Anitha	RN - CL Dr. Aiswarya	SW Practical Dr. Akhila			

Lunch-Interval
1pm-2pm

SUBJECTS & TEACHERS		
AGT:Agada Tantra :5	RN :Roganidan :7	DG : Dravyaguna :6
Dr.Praseetha:1+1	1 Dr. Priya : 2+1	Dr. Anitha :2+1
Dr.Hema : 2+1	2 Dr. Aiswarya:3+1	Dr. Sajina :1+2
		SW:Swasthavritta :6
		Dr.Naisha : 1+1
		Dr. Akhila : 1+1+2
		Samhitha : 2
		Dr. Dhanya E K : 1
		Dr. Vineetha :1
		R&B:Rasashastra 8
		Dr. Mithya: 2+2
		Dr. Reshma:1+3




 Principal

P. N. PANICKER SOUHRUDA AYURVEDA MEDICAL COLLEGE

Time Table- FIRST BAMS (2025 Batch) with Effect From 11-5-2026

Time Day	9am-10am	10am-11am	11am--12pm	12pm-1pm	1pm-2pm (Lunch-Interval)	2pm-3pm	3pm-4pm
Monday	SAN-L Dr.Nabitha	RS-NL Dr. Jyothi	RS Practical Dr. Jyothi	RS Practical Dr. Jyothi	RS-L Dr. Sruthi K	KS-L Dr.Sudhina	
Tuesday	KS-L Dr.Sudhina	SA-NL Dr. Vineetha	PV-NL Dr. Dhanya EK	SAN-NL Dr.Nabitha	PV-NL Dr.Nabitha	RS-NL Dr. Sruthi K	
Wednesday	SA-NL Dr. Vineetha	KS-L Dr.Deepthi	KS- Practical Dr.Sudhina		KS-L Dr.Deepthi	SA-NL Dr. Vineetha	
Thursday	RS-L Dr. Sruthi K	PV-L Dr. Dhanya EK	KS Practical Dr.Deepthi		RS-L Dr.Jyothi	SA-NL Dr. Dhanya EK	
Friday	SA-L Dr. Dhanya EK	SAN-NL Dr.Nabitha	RS Practical Dr. Sruthi K		SA-NL Dr. Vineetha	SAN-NL Dr.Nabitha	
Saturday	PV-L Dr.Vineetha	SAN-NL Dr.Nabitha	RS-NL Dr. Sruthi K	SAN-L Dr.Nabitha			
Teachers Hours							
RS : Rachana Sharir: 6+4	KS : Kriya Sharir 4+4	SAN : Sanskrit :6	PV : Padarthavijnanam : 4	SA : Samhitha Adhyayan : 6			
Dr.Jyothi V : 2 +2	Dr.Deepthi: 2+2	Dr. Nabitha :6	Dr. Dhanya E K : 2	Dr. Dhanya E K : 2			
Dr. Sruthi K :4+2	Dr. Sudhina :2+2	Dr. Vineetha : 1	Dr. Nabitha : 1	Dr. Vineetha : 4			
To	All Concerned						
Copy to	<ol style="list-style-type: none"> HOD's - Dept of Kriya Shareera, Rachana Shareere, Samhitha Siddhanta Principal's table Vice Principal Stock file 						




PRINCIPAL